

## Welcome to the Devil Ride 11 July 2010

This year we are offering a choice of three routes: The Little Devil is a very attractive half day of riding - 100km and within the physical and technical capabilities of most riders; the Big Devil is 160km with over 3000m of climbing and takes the rider over a variety of terrain which is often challenging; the Demon offers a slightly shorter 140km of riding: like the Big Devil it takes in the breath-taking Llyn Brianne and the lung-busting Devil's Staircase but it offers a more direct and less arduous journey home.

Copies of this event guide, along with the route map, HQ map, GPX files of the routes and route guide can be downloaded from [www.cycloportives.co.uk](http://www.cycloportives.co.uk)

Please read the following notes carefully as they will help you to have a safe and enjoyable day out.

### BEFORE YOU COME

Please make sure your bike is in good working order especially brakes, tyres and chain. We will rescue you if anything goes wrong but we'd rather that nothing spoils your day. You should carry a multi-tool, pump and spare inner tubes.

Two bottle cages are a good idea. One is a necessity. They'll work better if you remember to put a full bottle in them (we have spares at the Pavilion – ask Rob). There are food stops en-route but depending on your riding pace it will take 1½ - 3 hours to get to the first food stop so you might want to set off with something to eat or drink.

We try to organise good weather but we wouldn't ever go out for a ride in Wales without a cape, and it might be a good idea to pack some arm and leg-warmers or tights and a long-sleeved jersey as well as your summer gear so that you have some warmer clothing options on the day. Phil Weaver always does this and then we wait for hours in the car park while he decides what to wear. Under 18s must wear a helmet. Grown-ups should wear one too but are free to decide for themselves. Don't forget your cycling shoes as riding 100 miles in your brogues will spoil your day (and your footwear)

Your rider number accompanies this guide. Please attach it to your bike using the cable ties before you start. The best place is centrally on your handlebars. Your number will help the photographer and marshals to identify you and allow you to get fed and watered at the food stops. Use a waterproof pen to add an emergency contact number and any relevant medical conditions to the back of your rider number.

### GETTING TO THE EVENT HQ

The best way is to by-pass Brecon on the A470. After 2km turn left on the B4602 and then left again after another 2km. Go through the roundabout and past Brecon Leisure Centre on the right to get to the parking at Brecon High School, also on the right (post code LD3 9SR). After you have parked you will need to retrace your route 400m on foot or bike to get to the Pavilion for registration etc.

### PARKING

Parking is at Brecon High School which is next door to the leisure centre (see map of HQ). Please do not park in the leisure centre car park otherwise the swimmers and other customers will have nowhere to park when the centre opens later on and there will be much wailing and gnashing of teeth. Parking will be signposted but if in doubt ask a marshal: look for anyone in a high visibility jacket.

### REGISTRATION

Registration will take place in the Pavilion which is to the North of Brecon Leisure Centre between the cricket pitch and running track (see map). Registration takes place between 08.00 and 9.15.

To get you registered we will need to know your number. If you can't remember your number then please refer to the alphabetical list of riders on the notice board outside the Pavilion.

When you register we will need your signature and we would also like you to indicate which of the three routes you intend to ride (you can change your mind out on the road, just let us know at the finish). You will be given your timing chip and told how to attach it. You will also be able to pick up a water and tear-resistant route card (that's tear as in rip, not tear as in tears shed on the Devil's Staircase!)

### FACILITIES

Scott's Event Catering will be offering their cheerful service from their famous trailer just outside the Pavilion from 12.30. They will provide you with a free meal and drink when you finish. The cafe in the Leisure Centre will be open 9.00 – 12.30.

There are toilets in the Pavilion, and more over in 'the Shed' (the big shed-looking building at the end of the running track near the road). Changing and showers for women are in the Pavilion and for men over in the Shed. Don't forget to bring a towel.

Big Rob McGough will be on hand at the Pavilion to sort out any last minute mechanical problems that you might have. But remember that he is a mechanic, not a magician, and we will not have a full bike shop of spares, so please make sure your bike is in good working order before you come.

#### START AND FINISH

You can start any time between 8.30 and 9.30. When you are ready you ride over the timing mat, your timing chip is detected and the clock starts running. At the finish you must ride over the timing mat to stop the clock and record your time.

At the finish you can swap your timing chip for a free meal and also pick up a free Devil Ride souvenir bidon (and buy a spare one too if you like).

Finishing times will be displayed in the Pavilion and posted on the website [www.cycloportives.co.uk](http://www.cycloportives.co.uk) within 48 hours.

#### WAY-MARKING AND ROUTE CARDS

The entire route will be well marked with black and yellow arrows. All turns will be signed, so you should ignore any side roads that don't have an arrow. Where there is any room for confusion, or it has been a while since the last turning, we will put out straight-on arrows to provide a bit of reassurance.

Sometimes arrows can go missing (especially after the pubs close on Saturday night). Our motorcycle marshals will be out on the route ahead of you to check for this, but as a back-up - and so that you can study the route on a map beforehand - we have produced a route map and guide and GPXs files. The final versions of these - with any late changes- will be available at Registration, with the latest electronic versions also available on the event website.

No excuses for getting lost!

#### CUT OFF TIMES

Timing will close at 18.00. To ensure that you finish within the time limit we have cut-off times at two points. If you reach the village of Abergwesyn after 12.30 then you should keep left on the route of the Little Devil. If you reach the second food stop after 13.30 then you should follow the Demon route which diverts from the Big Devil route a few kilometres further down the road.

#### FOOD STOPS

There will be three food stops out on the Big Devil, two on the Demon and one on the Little Devil. See the route guide for the location of each stop. The food stops will have a selection of cakes, fruit, water and some savoury food.

NOTE: you are strongly advised to carry some food of your own, as you may be in for a long day in the saddle. There are also shops and cafes in Builth Wells, Llandovery, Llanwrtyd Wells and Sennybridge should you need them.

At the finish we are being supported by Scott's Event Catering inc Wilf's, who will supply you with a hot meal and tea/coffee.

#### TIMES AND STANDARDS

It's not a race, but your time will be published on the web (in alphabetical order) within 48 hours of the event, so you will be able to compare your time with the times done by your friends. You will also be able to see how your time compares to the following European cycloportive standards which take into account distance and climbing (of which there is plenty).

Age	Men						Women					
	Big Devil		Demon		Little Devil		Big Devil		Demon		Little Devil	
	Gold	Silver	Gold	Silver	Gold	Silver	Gold	Silver	Gold	Silver	Gold	Silver
Under18	6h41	7h41	5h35	6h25	3h37	4h09	7h06	8h10	5h56	6h49	3h50	4h25
18-39	6h18	7h15	5h16	6h04	3h25	3h55	6h41	7h42	5h36	6h25	3h37	4h10
40-49	6h41	7h41	5h35	6h25	3h37	4h09	7h06	8h10	5h56	6h49	3h50	4h25
50-59	7h05	8h09	5h55	6h49	3h50	4h24	7h31	8h39	6h17	7h14	4h04	4h41
Over 60	7h31	8h38	6h17	7h13	4h04	4h40	7h59	9h10	6h40	7h40	4h19	4h57

## EMERGENCIES, ROUTE SUPPORT ETC

If you have to retire from the event at any point, please ensure that you still report to the finish and return your timing transponder. Otherwise we may be out for hours looking for you long after you are indoors with your feet up!

If you have a major problem out on the ride and need to be collected by one of the broom wagons then you should ring the event centre on our emergency number (this will be printed on the route card that you collect at Registration and on your rider number) or report to a food stop. If you don't have a mobile or can't get a signal (a common problem out here) then please ask another rider to call us with your location once they pick up some reception...there are also quite a few public phone boxes around the route.

Please note: do not undertake the longer routes unless you have prepared properly for them and are sure that your equipment is in good working order. If in doubt about your fitness levels please opt for the Little Devil route as our broom wagon – if you need it - may take some time to reach you and get you back to your car.

If you are unable to complete the route but your bike is still in working order please make your way to a food stop, or if you cannot make that you should head to the nearest main road junction. These are the points at which your waiting time will be minimised and at which we will be able to locate you most easily - in any event the roads will be full of cyclists and many are relatively narrow, so the broom wagons will be able to travel at little more than cycling speed and they may also be busy on other calls, so please be patient if waiting to be picked up.

Outriders from the National Motorcycle Escort Group Wales will be in attendance, and will be carrying minor spares, but these will be limited so please ensure that your bike is in good working order.

We will be supported on the 1st aid front by Sports Care, who will be present on the route in mobile units. Their main role is to deal with minor injuries, illness and exhaustion – but not broken bikes (!).

In the unlikely event of a serious road accident you should call the emergency services on 999.

While there will be mechanical support at the event centre, and some basic spares out on the route, you should carry a multi-tool, pump and tubes etc, as it is sod's law that if you need something it will be when you are in a place with no mobile signal - or someone else will just have bagged the last one.

Punctures - the roads round here are quiet and in most places pretty well surfaced, but the lack of traffic means that there aren't many car tyres to pick up thorns. So please make sure that you carry spare tubes.

## PHOTOGRAPHER

Photographers from George Burgess Photography will be out on the route in suitably scenic spots and will have photographs of all riders up on the web within 48 hours.

## ORGANISERS

The best way to get in touch with us before the event is by email: [devilride@cycloportives.co.uk](mailto:devilride@cycloportives.co.uk)

Postal address:

Devil Ride  
66 Highfield Avenue  
Leeds  
LS12 4BY  
Website: [www.cycloportives.co.uk](http://www.cycloportives.co.uk)

Please keep an eye on the event website for any late breaking news.

